



KILOHANA

CHRONICLES



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Kilohana Welcomes Florida's The Kodenkan Dojo

A relatively new Kodenkan/Danzan-Ryu school has opened its doors on the east-coast of the USA. It's called by many names to those who attend classes there: "The Kodenkan"; "The Kodenkan Dojo"; and even to some just "The Dojo". It was opened by Professor Steve Barber and Sensei Jason Parrish of The Hawaiian Jiu-Jitsu System LLC, located in Jacksonville, FL.

Professor Stephen Barber began martial arts training under the tutelage of Professor Bill Beach in 1970. Professor Beach received his Professor rank through the AJJF as a student of Professors Ray and Marie Law. As Steve was progressing through the ranks, Professor Beach once awarded Steve with a trophy for "Best Techniques". After the trophy award ceremony concluded on the mat, Professor Beach privately approached Steve and quietly told him that he was awarded the trophy because he performed each and every technique with everything he had inside him, not because his technique was actually better than everyone else. And this continues to be Professor Barber's trademark when on the mat (whether to train or to teach): total commitment and total focus, giving everything he has inside him. After training directly under Professor Beach, Steve and a board of black-belts opened their own dojo and called it the Jacksonville Jiu-Jitsu Academy. The Academy was open for many years but eventually had to close its doors. However, Steve continued to train in other local jiu-jitsu schools as much as he could, while also focusing on his duties as a husband and father.

When his son Jason Parrish was very young, Professor Barber saw his son's



Professor Stephen Barber (in black) and Sensei Jason Parrish

passion for martial arts and the two of them talked often about one day having a jiu-jitsu dojo together. However, Professor Barber was cautious about teaching his young boy much more than basic self-defense until he felt Jason was grown enough to handle the responsibility of true jiu-jitsu training, which Jason finally took up in his early twenties. After finishing college, Jason began faithfully attending Professor Alex Limbaugh's School of Kodenkan Jiu-Jitsu, where his father and Professor Barry Bennet also trained. Over the years Steve and Jason transitioned their training to Professor Limbaugh's successor, Sensei Scott Gray. While studying for many years at Master Gray's dojo, the father/son duo tried to commit to continue the art of Kodenkan Jiu-Jitsu as taught by Professor Bill Beach and began talking again about their long-time dream of one day opening their own school. In 2010, Professor Beach (Judan/Shihan of the Hawaiian Jiu-Jitsu System) promoted Professor Barber to the rank of Kudan, Director, and Grand Master of the Hawaiian Jiu-Jitsu System in order to assure the continuation of the system Professor Beach developed.



KILOHANA CHRONICLES

The Kilohana Chronicles is the official newsletter of the Kilohana Martial Arts Association (Kilohana) and is mailed free-of-charge to its chartered dojos. The contents of this newsletter may not reflect the opinion of its editor, the Board of Directors of the Kilohana Martial Arts Association, its Senior Advisers, Standards Board, or its members.

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The Kilohana Martial Arts Association Welcomes Professor Thomas R. Jenkins as its Newest Senior Advisor

By the Kilohana Executive Board



Thomas R. Jenkins began his study of Kodokan Judo in 1959 with Professor Bud Estes of Chico, California. Professor Estes was a student of the founder of the Kodokan Judo School - Master Henry S. Okazaki of Honolulu Hawaii. Mr. Jenkins was eventually taught the entire

Kodokan Judo system by Professor Estes. Curious about the original meaning of the Japanese teaching scrolls from Master Okazaki, Mr. Jenkins began studying Japanese kanji in 1985. During his studies, he realized the need for a comprehensive Japanese martial arts character dictionary for the martial artists, a resource that was not currently available. His research journal grew into a dictionary for Kodokan kanji, and then expanded into other styles of Japanese martial arts, and related martial arts subjects. After five years of development he completed the dictionary in July of 1999. The First Edition of the dictionary was published following a commendatory review by Dr. Kimihiko Nomura, Professor of Japanese Language and Culture. Requests for an English to Japanese section of the Dictionary along with a directory to other works prompted the completion of the Second Edition in 2003. Professor Jenkins continues to teach the Kodokan Judo system and is available at: tjenkins@saber.net ■

Ohana 2012 Reflections

By Sensei Eddie Gearhart

On Friday afternoon the "Kevins" and I went to check in for Ohana 2012 at the Ala Moana Hotel. Immediately, I ran into Professor Hans Ingebreetsen, Professor Steve Nicholls, and many others. In other words, we saw family, our "Ohana" right from the start. I knew I had finally arrived! I felt this weekend was going to be amazing, memorable and most of all a great learning experience.

I had an early start Saturday morning. I took the "Secrets of Better Nage Applications" from Professor John Congistre. I learned many techniques; one of my favorites was drop-knee seoi nage. It was great to meet Professor Congistre. I had no idea we only live a few miles from each other. This was a good start for the day.

I followed Professor Congistre's seminar with "Fujin Goshin" led by Professor Harold Horiuchi. Professor Horiuchi was teaching traditional fujin goshin. I decided to take this seminar because I rarely get exposure to the techniques covered on this list. I thought it would be a great experience and of course, I proved myself right. It was! We were so engulfed in the learning experience we didn't have enough time to get through the entire list, but we made a good effort. In 50 minutes, who really can?

Not long after this, Professor Barber and Jason decided to make their dream of having their own dojo manifest into a reality. They combined their will, focus, and dedication to planning and building their own school. After much personal sacrifice (physically, mentally, and financially) and through dedication and mutual encouragement, they opened their joint venture dojo, The Kodokan Dojo (www.jaxdojo.com), on Feb. 6, 2012.

Professor Barber and Sensei Parrish now have a goal to continue to practice, learn, teach, and to proliferate the art of Hawaiian Jiu-Jitsu. In recognizing the roots of the Hawaiian Jiu-Jitsu System, both Prof. Barber and Sensei Parrish are reaching out to their jiu-jitsu brothers/sisters to promote the teachings of Professor Henry Okazaki. They've been thrilled to re-unite with their international Danzan-Ryu family, especially their west-coast cousins such as those at the Shinbukan Dojo, and are overjoyed at the doors of knowledge and opportunity opening before them from the martial arts community. In June of 2012, their Hawaiian Jiu-Jitsu System's application for membership in Kilohana was accepted, and they are proud and honored to help represent the Kilohana Martial Arts Association. ■



Because I've only have minimal experience with ho jo jitsu, I decided to take the "Knots Rope Tying Defense" seminar with Professor Ron Jennings, who was accompanied by my long-time friend Steve Sensei Eddie Gearhart with Sensei Keith Okazaki Nicholls. I had so much fun in this seminar. I learned excellent techniques on how to subdue my opponent.



Sensei Eddie Gearhart with Sensei Keith Okazaki

I also took "DZR Yawara with a Tibetan Martial Arts Spin" taught by Professor Herb Lague. The focus of this seminar was direction of energy. We learned about keeping alignment between "nose and toes". What drew me to this seminar was to learn more about Yawara and its hidden teachings, which is why I followed this seminar with another Yawara class, "Yawara: Seeing the Bones" with Professor Tom Ryan. Professor Ryan taught using a skeletal arm to show us where the bones would lock up the best. He also showed us small "tweaks" we could use to make Yawara more effective.

The last class on Saturday was "Shinnin No Maki" (sic) with Professor Kevin Colton. I actually ended up being his uke for the seminar. It was a great experience learning variations of Shinnin. Being his uke, I could really understand his technique to the fullest.

Sunday was competition day! My uke, Kevin Donohue and I, along with the assistance of Kevin Roberts, entered a jujitsu-kata competition. This was my first ever jujitsu-kata competition in my whole martial arts career. I knew I had great support from my team. Many of my students made the journey to be in the audience to show their support. It was a wonderful feeling. The "Kevins" and I enjoyed competing and earned a second place medal. I thought to myself, "This is a great accomplishment: all of our hard work was acknowledged".

I made it from 8am-5pm practicing DZR with my "Ohana" on Saturday, and realized I had a long road ahead of uncovering the teachings of Danzan Ryu. The entire weekend was such a spiritual adventure and wonderful learning experience: I'm so glad I was able to be a part of it. Sunday night was the Ohana banquet. It was a great way to relax and unwind with old and new friends and reflect on the events of the Ohana weekend, and also celebrate my son EJ's first birthday. ■

Note from the Editor:

On behalf of the Kilohana Martial Arts Association, we would like to extend a big mahalo nui loa to the American Jujitsu Institute for hosting this year's Ohana event. Those interested can see pictures from the event at: americanjujitsuinstitute.org

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We would also like to recognize Professor Libert O'Sullivan, who while unable to attend the event, was recognized by the AJI with a Lifetime Achievement Award, and by Kilohana with a Living Legend Award.



Professor O'Sullivan



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Setting the Record Straight

By the Professors of Kilohana
October 11, 2012

To the Professors of the Kilohana Martial Arts Association, Dai Shihan Sig Kufferath was more than the founder and leader of our organization. He was a teacher, a mentor, a friend and much more. Not only did he teach us the meaning and values of the Esoteric Principles of Kodenkan Judo, but he also taught us to respect one another and to work in harmony with the other members of the Danzan Ryu Ohana.

For some time now, Professors Arrington & Janovich have been maliciously and unjustly criticizing the Professors of Kilohana and our relationship with the late Dai Shihan Sig Kufferath. In order to attempt to address these lies and harmful activities, it has become necessary for the Professors of the Kilohana Martial Arts Association to make an official statement to the Danzan Ryu community.

On numerous occasions these two individuals have publicly accused the Professors of Kilohana of not representing the true teachings of Dai Shihan Kufferath and for taking unfair advantage of him for monetary purposes. Personal and unprovoked attacks have been made not only toward Kilohana Professors but other Danzan Ryu Professors and organizations as well. The validity of our ranks as given by Dai Shihan Kufferath have also been questioned. Claims have also been made that Professor Janovich is Dai Shihan Kufferath's true successor and that he is in possession of Dai Shihan Kufferath's personal notes and files. The Kilohana Workbook has been referred to as a "joke" thus implying that it does not represent the "true" teachings of Dai Shihan Kufferath.

The Kilohana Professors want to set the record straight with this document:

Professors Arrington & Janovich: The Kilohana Martial Arts Association is actively perpetuating the teachings of Dai Shihan Kufferath and his martial arts philosophy. We are a working and active Martial Arts organization with a large Danzan Ryu membership.

Professor Janovich: It was Dai Shihan Kufferath's decision not to invite you to join Kilohana as a charter member.

Professor Arrington: You had asked to join Kilohana. Dai Shihan Kufferath was willing to accept you as a member at the rank of Nidan. It was your decision to not accept his offer.

Professor Janovich: Dai Shihan Kufferath made it perfectly clear to the charter members of Kilohana that no one person was to be named his successor. The Kufferath family has also made that very clear. Thus neither you nor anyone else can claim to be the successor to Dai Shihan Kufferath.

Professor Janovich: After being requested several times just prior to his passing, it was not a Kilohana Professor who refused to give a personal notebook back to Dai Shihan Kufferath. That notebook has never been returned to the Kufferath family.

Professor Janovich: It was not a Kilohana Professor who went to the house of a deceased Danzan Ryu Professor in and removed personal notes, documents, and photos from his house without permission from his family.

Professors Arrington and Janovich: It has not been Kilohana, who has made claims of having numerous historical documents belonging to Dai Shihan Kufferath and then not willing to provide the original documents for examination.

Professor Janovich: Kilohana does not make claims of having “All of Sig’s notes”. Boxes of notebooks, papers, documents and photos belonging to Dai Shihan Kufferath are being safely stored by the Kufferath family.

Professors Arrington and Janovich: Kilohana Professors do not go to Danzan Ryu clinics, seminars and conventions to set up a vendor table and bad mouth other Danzan Ryu Professors and organization to anyone who will listen.

Professor Janovich: It has not been a Kilohana Professor who has tried to embellish his own resume by misleading and falsely representing himself as being a “police officer” when the true and accurate description is a “reserve police officer”.

Professor Janovich: It has not been a Kilohana Professor who promoted himself from Hachidan to Judan through a website organization that may only have two or three schools at best.

Professors Arrington and Janovich: The Kilohana Workbook was the last written Danzan Ryu kata manual authorized by Dai Shihan Kufferath. He personally approved each art and placed his signature and stamp on each section of the notebook. We do not claim that these are Dai Shihan’s “true” teachings, but it does reflect the knowledge that he passes down to us.

The Kilohana Martial Arts Association embraces loyalty, honesty and professional integrity. We would like to keep peace and harmony within the Danzan Ryu community. Kilohana is into building bridges between the different Danzan Ryu organizations and not tearing them down. The unethical and unprofessional tactics and behavior of Professors George Arrington and Tony Janovich are an embarrassment to the entire Danzan Ryu community, and serve only to dishonor and discredit themselves. We, the Danzan Ryu Professors of Kilohana, have remained silent on this matter long enough, but can no longer remain so. We would like to see Professors Arrington and Janovich hold themselves to a higher standard, and cease their continual badmouthing of those who do not agree with them.

Okugi Kanji Questions

Part One

About

The 1993 Okugi Secret Arts Class of Professor's Kufferath and Janovich

by

Thomas R. Jenkins

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The 1993 Okugi Secret Arts Class

In August of 1993 a special class was held in Campbell California to review the Okugi (secret meanings) of the Danzan Ryu Sandalwood Mountain System founded by Master Henry S. Okazaki. This class was taught by Professor Sig Kufferath and his student-assistant Tony Janovich covering a time period of two weekends. The classes were attended by those of second degree black belt rank and higher from several DZR organizations including the A.J.J.F. At the conclusion of these classes, several kaidensho 皆傳證 (master-teaching) certificates were awarded to participants who were believed worthy for recognition to different levels of teaching titles. These titles were not dan rank promotions to different black belt levels but are teaching titles used also in kendo (way of the sword). These different teaching titles were indicated on each certificate by using the appropriate Japanese terms. The lowest title was renshi 練師 meaning drill instructor. Above renshi, kyoshi 教師 meaning doctrinal teacher; missionary. Another title issued was shihan 師範 meaning master. Shihan was the title used on Master Okazaki's original kaidensho certificates. Shihan applied to himself as a master and also to his master teachers whom he graduated with a kaidensho certificate. Evidence for Master Okazaki ever using titles of renshi and kyoshi so far have not been verified by this author.

In 1996 I researched these okugi kaidensho certificates which were issued at the 1993 okugi classes. I also researched the web site of George Arrington and his okuden listings for SHINNIN MAKI, SHINYO MAKI, and SHINGEN MAKI. I found it interesting that both Arrington and Janovich claimed that the kanji for these lists were directly from Master Okazaki. They claim that Professor Sig Kufferath personally showed them a document with the okuden kanji from Master Okazaki. They also claim that Okazaki only taught these kanji to his Japanese students in private classes. The kanji in their document was not in Master Okazaki's handwriting but it was claimed that it was copied from a blackboard on which Master Okazaki had written it. It has been my personal suspicion since 1996 after viewing these documents that there is no authentic original handwritten okuden kanji from Master Okazaki. It is my belief that the okuden kanji claimed by Arrington and Janovich are home-brewed fabrications without documentary proof. There have been several request over the years to Janovich to produce authentic documentary evidence for his claims but to no avail. The following documents reveal my current understanding on this matter.

According to George Arrington, these kanji reading SHINNIN MAKI are the kanji he copied from an original document written by Master Okazaki. This alleged document was in the possession of Professor Sig Kufferath when Arrington first saw it in the mid-1990's. Arrington states on his website: "Back in the mid-1990's, Professor Kufferath allowed me to study this document and hand copy the kanji. He also allowed me to post printed versions of these on my web site" Arrington also states: "As to the question of release of the original document containing the upper board kanji, it was the wish of Professor Kufferath not to distribute this. Professor Janovich is adhering to his teacher's wishes."

George Arrington's 1996 SHINNIN MAKI list.

神人卷 三十五本
勇突投、帶跳腰、釣込倒、紅葉投、
逆早刀、膝投、押込逆手取、拳絞、
袈裟外、首締巴逆手、二人投、逆手返、
膝折投、逆羽交、後間拔、前間拔、
引立取絞、腕搦、蝦蛇絞、後蝦蛇絞、
逆襟、後投、腕手搦絞、足間拔、袈裟殺、
半胴絞、足逆、壁絞、足搦取、二段返、
薩摩絞、叩込、後投取、猿手搦、三段返。

Problem: This list is not from Master Okazaki because it contains the JA/HEBI 蛇 snake kanji name used by Tony Janovich on his Okugi Class Kaidensho Certificate.

George Arrington's 1996 SHINNIN MAKI list Romanized.

SHIN NIN MAKI

SAN JO GO HON

SAWA TSUKI NAGE, OBI HANE GOSHI, TSUN KOWI TAOSHI, MOWI JI NAGE.

GYAKU HAYA NADA, HIZA NAGE, OSAE KOWI GYAKU TE TORI, KOBUSHI SHIME.

KE SA HAZUSHI KUBI SHIME TOMOE GYAKU TE. NI NIN NAGE.

GYAKU TE GAESHI. HIZA ORI NAGE. GYAKU HA GAI. USHIRO KAN NUK.

MAE KAN NUKI HIKI TATE TORI SHIME. UDE GARAWI EBI HEBI SHIME.

USHIRO EBI HEBI SHIME, GYAKU ERI, USHIRO NAGE, UDE SHI GARAWI SHIME.

ASHI KAN NUKI. KE SA KOROSHI. HAN DO SHIME. ASHI GYAKU.

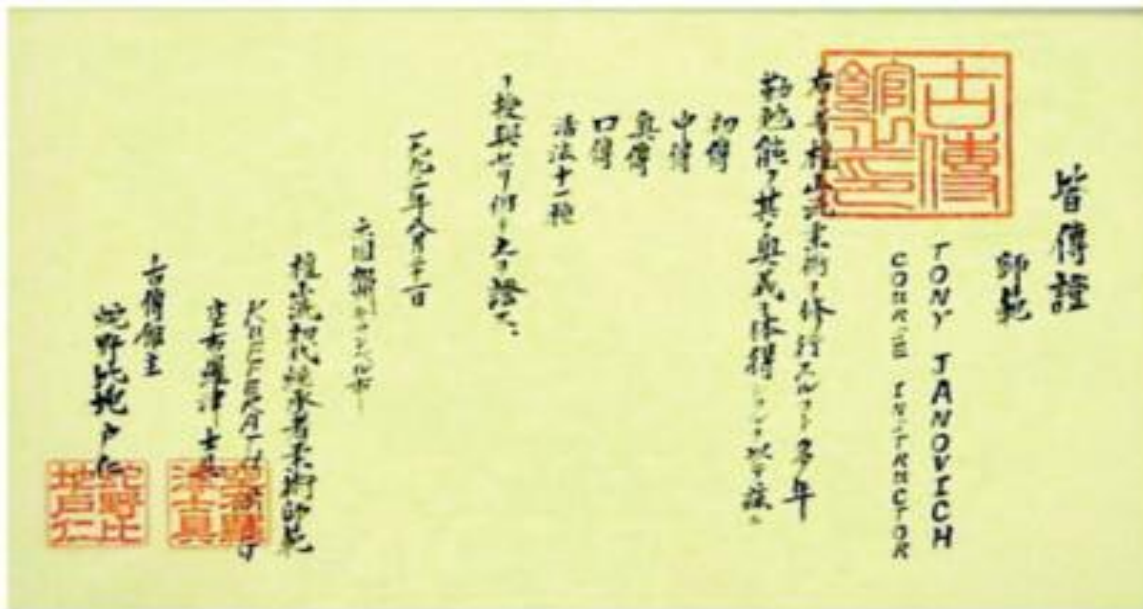
KABE SHIME. ASHI KARAWI TORI NI DAN GAESHI SATSU MA SHIME.

TATAKI KOWI, USHIRO NAGE TORI, SARU SHI GARAWI, SAN DAN GAESHI.

Please note in the above listing the **EBI HEBI SHIME** and **USHIRO EBI HEBI SHIME** as having the **JA/HEBI** kanji 蛇 used by Tony Janovich as the **JA** part of his name on line19 of his kaidensho certificates issued at the okugi classes. This presents strong evidence that Tony Janovich, not Master Okazaki created this SHINNIN list.

CONCLUSION: These are not the original kanji from Master Okazaki as claimed by Janovich and Arrington because Janovich has his JA/HEBI-SNAKE name on them. Master Okazaki was dead when this list was home-brewed by Tony Janovich.

Kaidensho Certificate of Tony Janovich



This is a kaidensho graduation certificate for the okugi classes taught by Professor Sig Kufferath and his course instructor Tony Janovich. The large seal in the upper right is the seal of the Kodenkan. The middle seal is kanji used for the name of Sig Kufferath. The seal on the left is kanji used for Tony Janovich signed with his personal name JA/HEBI 蛇 snake kanji. This JA/HEBI name kanji 蛇 is seen as the top kanji on the last line to your left. It is also present in the left red seal being partially covered by the last kanji. This JA/HEBI name kanji 蛇 is also present in the SHINNIN MAKI list created by Janovich under EBI 蝦 HEBI 蛇 SHIME 絞 (Lobster Snake Constriction) and USHIRO 後 EBI 蝦 HEBI 蛇 SHIME 絞 (Rear Lobster Snake Constriction). The JA/HEBI snake name kanji only appear in the Janovich SHINNIN list. All other lists from students of Master Okazaki have it as EBI SHIME (Lobster Constriction) and USHIRO EBI SHIME (Rear Lobster Constriction). This is one proof that the kanji for the SHINNIN MAKI list was the home-brew creation of Tony Janovich. The Janovich SHINNIN list with its JA/HEBI snake name kanji was also printed by George Arrington on his web site and presented as the official SHINNIN kanji transmitted directly from Master Okazaki. The SHINNIN MAKI kanji taught by Janovich and Arrington in the Okugi classes are NOT from Master Okazaki as they both contain the JA/HEBI snake name kanji of Tony Janovich.

So far, NO ONE has presented any documented proof of authentic SHINNIN kanji coming from Master Okazaki.

Reconstruction of the Janovich Okugi Certificate.

皆傳證
師範
TONY JANOVICH
COURSE INSTRUCTOR
右ノ者檀山流柔術ヲ修行スルコト多年
勤勉能ク其ノ奥義ヲ体得シタルヲ以テ茲ニ
初傳
中傳
奥傳
口傳
活法十二種
ヲ授與セリ仍テ之レヲ證ス
一九九三年八月二十一日
米國勸州キヤンベル市
檀山流初代繼承者柔術師範
KUFFERATH
SIG
空布羅津 士貝
古傳館主
蛇野比地 戸仁

Japanese readings of Kaidensho. Lines 1->19 on above certificate are read from right to left.

1. **Kaidenshō**
2. **Shihan**
3. **TONY JANOVICH**
4. **COURSE INSTRUCTOR**
5. *yu no sha danzan ryū jūjutsu wo shugyō suru koto tanen*
6. *kenben yoku sono okugi wo taitoku shitaru wo motte koko ni*
7. *shoden*
8. *chūden*
9. *okuden*
10. *kuden*
11. *kappō juichi shu*
12. *wo juyo seri yotte kore wo shōsu*
13. *ichikukusan nen hachi gatsu niyuichi nichi*
14. *beikoku shō shū kiyanberu shi*
15. **Danzan Ryū Shodai Keishōsha Jūjutsu Shihan**
16. **KUFFERATH SIG**
17. **Kufuratsu Sigu**
18. **Kodenkan Shu**
19. **Janohichi Toni**

Translation of the Janovich Okugi Certificate

Line 1. **KAIDENSHO - Complete Transmission Certificate of Proof.**
Line 2. **Shihan**
Line 3. **TONY JANOVICH**
Line 4. **COURSE INSTRUCTOR**
Line 5. person to right has been austere practicing in Danzan Ryu Jujutsu many years
Line 6. with skillful diligence has mastered the secrets and has qualified for these reasons here:
Line 7. SHODEN - Beginning Transmissions.
Line 8. CHUDEN - Intermediate Transmissions.
Line 9. OKUDEN - Secret Transmissions.
Line 10. KUDEN - Oral Transmissions bequeathed by master to student.
Line 11. KAPPO JUICHISHU - Eleven Resuscitation Secrets.
Line 12. By awarding therefore this certificate of proof.
Line 13. August 21, 1993
Line 14. U.S.A. Beautiful Continent, Campbell City
Line 15. **Shihan of Jujutsu who inherits Sandalwood Mountain System from Founder.**
Line 16. **SIG KUFFERATH (lettered in English)**
Line 17. **KUFURATSU SIGU (lettered in kanji and sealed with red ink seal)**
Line 18. **KODENKAN SHU - Headmaster Owner of the Kodenkan.**
Line 19. **JANOHICHI TONI (lettered in kanji and sealed with red ink seal)**

Line 19 has **JA SNAKE** kanji 蛇 representing the first two letters of his name - **Janovich**. This is the kanji Janovich uses for his name:

JA 蛇 **NO** 野 **HI** 比 **CHI** 地 **TO** 戸 **NI** 仁
JA - SNAKE **NO** - opposition **HI** - contest **CHI** - earth **TO** - door **NI** - benevolence

This **JA** 蛇 kanji is also found in the Janovich-Arrington SHINNIN MAKI list under “EBI HEBI SHIME and USHIRO EBI HEBI SHIME” which Janovich and Arrington both claim that Sig Kufferath told them he had received directly from Master Okazaki. If it was from Master Okazaki’s original list why did it have the Janovich’s JA snake name in it?

CONCLUSION: It appears that Tony Janovich and NOT Master Okazaki is the author of the SHINNIN MAKI list presented on George Arrington’s website.

This is a research paper and the author welcomes questions, comments, and evidence based corrections. This paper may be reproduced for non-profit educational purposes with proper credit given to its author. Thomas R. Jenkins © 2012. **Contact author at: tjenkins@saber.net .**



Self Defense and Martial Arts

By Melisa Spence

When someone first explained to me that self-defense and martial arts practitioners are sometimes at odds with each other, I was surprised, because the two practices have been interwoven threads in my life which have each encouraged the other. I was introduced to martial arts at 11 years old through Tae Kwon Do and Hapkido, under Master H.B. Tarte in Lugoff, South Carolina. Having an enjoyable introduction led me to take boxing and women's self defense classes in high school, and return to TKD at 18 when I moved to the Bay Area. At that time I also joined Girl Army, a women and transgender self-defense collective that is a project of Suigetsukan Dojo. 12 years later, I love Girl Army as much as ever. I also study Danzan Ryu under Professor Janice Okamoto, and Baguazhang under Maija Soderholm. I began teaching Bagua this past January.

The subject of self-defense training brings up the value of peer-taught as well as predominantly female training environments, and so I would like to share my thoughts on these matters.

By peer-taught, I refer to self-defense which is taught not by advanced martial artists, but by individuals who have received some basic training. The strongest argument I have heard for the efficacy of this method of teaching self-defense is in the legacy of Professor Okazaki himself. Professor Okazaki taught a women's self-defense class in Maui beginning in 1923. For this program, he taught female gym teachers (non-martial artists) to teach his curriculum. As a result of this program, there were fewer sexual assaults against high school age girls.

Girl Army teaches a Danzan Ryu Jujutsu-based self-defense curriculum modeled off Professor Okazaki's curriculum. In being open to all self-identified women and transgender students (as well as occasional all-gender classes), we hope to respect Professor Okazaki's legacy of inclusiveness. Over the past 18 years that the collective has been around, we have heard many stories from former students who have used the techniques to save their lives. This is a powerful motivator to keep going when teaching the same basic curriculum again feels boring or playing a creepy guy again feels creepy.

In addition to my female self-defense teachers, I appreciate the opportunities I have had to study under female martial arts instructor Master Anne Lundbom- Tae Kwon Do; as well as Maija Soderholm and Professor Okamoto, and in environments with many female upper-ranking students. While of course men can be and often are wonderful role models for female martial artists, I share the experience of many women that having female role models in the arts

has been crucial to my training. There were a few years where I was simply more comfortable training in a class which was almost exclusively women and children. Years later, I am equally grateful for my male instructors and training partners, but I do not believe that it is necessary or preferable for all women to train with men.

The number of reasons for training in the martial arts are as numerous as the students (social, cultural, psychological, health/fitness, self-defense, etc.). By this token, I feel that it becomes questionable to value one person's reason for training over another. For many men, the arts are an opportunity to socialize in a gender-segregated environment; should women not be accorded the same opportunity? When I consider what makes a good martial arts class, what I have been told and believe is that the good class is the one you will keep going to. The style or community that will inspire a student to keep returning to class is very subjective.

In closing, I feel blessed to live in the Bay Area with its rich diversity of quality martial arts and self-defense instruction, and many options for training environments which are welcoming to women and queer people. Many women and men in the arts have been and continue to be extremely generous to me with their time and expertise. It astounds me to think about how much easier the road is for me due to all of these people, than it was for women 20 years my senior.

For more information on Girl Army, visit girlarmy.org ■



Girl Army's 2011 Multiple Attackers Course

Portals Part II

Learning Danzan Ryu JuJitsu from Closer to the Source



By Professor Dale Kahoun

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This four part article will be published serially.

I've given my history, personal experiences and feelings regarding my martial study. Young students might be surprised to find that their teacher may have had many of these feelings, and while the experiences might be different, the overall outcome is the same. We are all the same: everyone should feel their own "specialness". Different paths lead to the same place.

The 'Do' of judo, aikido, kendo, etc. is also read 'michi' in Japanese. Either way, it means an esoteric path. The character also is Tao in Chinese, (it still means path) as in "Tao Te Ching", which is a philosophy of "nature's way". A study of the Tao is not a religious study, but philosophic. A person can study 'Taoist thought' and be a devout Chris-

tian or other religious practitioner, as was Thomas Merton, a Trappist Monk who toured China and wrote insightful books on 'Taoist thought'. I was surprised when, in my twenties, I found books that pointed out personal lessons that I had learned in martial arts practice (I recommend used book stores).

I needed to point out a different way of thinking than we westerners usually employ. We are somewhat consumed with a linear way of thinking, over-concerned with "a right way, a wrong way, the way I learned it". There are a lot of ways or paths you can take to the same destination.

After my first teacher had passed on, I could see a world of politically cliquish frustration ahead of me for advancement in jujitsu where I was. What was worse, I'd have to participate in those politics I despised, so I concentrated on judo and aikido. I was a shodan in Danzan Ryu for about thirteen years when I found my next jujitsu sensei, Professor Sig Kufferath, 10th dan and student of founder Professor Henry S. Okazaki

To me, Professor Kufferath did not just have the "cosmic giggle", he embodied it. He was unassuming and at the same time very exacting about how you performed your techniques. For instance, during a rank exam if your fingers or your feet were in a good solid position, that didn't matter if it wasn't kata; he'd stop the exam and make you do it over. Every other sensei's rank exam seemed more forgiving than Professor Kufferath's. I suppose that if it was your school and you wanted it done some other way, Professor Kufferath would stand down, but we at Kilohana gave him carte blanche. He was exacting and a task-master. If you asked him why, he'd say that's the way Professor Okazaki taught it, or simply because "that's the way it's done". Some of the reasoning will remain a mystery, but "that's the way it's done!" We loved it and we loved him. Sig (I was allowed to call him that) was a Hawaiian. An example of that was when I had just picked up some photos from the processor. Most were martial art photos with some personal pictures mixed in. As Sig looked through them he said, "Who's this?" I said "Oh, that's just my Mom." He said, "Ok, I need that." and he took it and put it in his photo album! (Ohana = Family, we're part of each other).

Sig was disarmingly honest. After some street situation I had, I asked him a question about what I had done with a resisting opponent. His answer was; "Don't ask me! You're the expert! In all the time I've done jujitsu I've never had the chance to use it in a fight!" Wow! No faking it, no macho, no supposing. How rare is that in a human, much less an advanced martial artist who had trained the military in hand to hand combat during World War II!

When I dropped Sig off at his house after practice he always stood outside and watched me drive away, watching until I was out of sight. He didn't just teach martial art, he taught what it was to have the heart of a Hawaiian. At this juncture, I'll say that I was in the right place at the right time. Professor Kufferath studied directly from Danzan Ryu founder Professor Henry Okazaki. I got to spend some time with Sig bringing him back and forth to class, and going to kenpo tournaments, where I was usually his Uke for the self-defense demonstration portions of the competitions.

I had a habit of making martial art notebooks for myself.

Taking factual crime reports and traffic accident reports had forced technical writing on me. I found myself adaptable to make sense out of martial art movements in written words. In 1996 (I was then forty-six years old) I offered to make a workbook for Kilohana and other interested Danzan Ryu practitioners. The workbook would list techniques the way Sig preferred them for rank testing. I wanted to capture what it was that Sig taught for posterity. Writings are often changed by outside influences. I made two originals that Professor Kufferath signed and applied his chop for all pages showing his approval. To allow breathing room for the possessor of the workbook, I left room to write-in any other way they like, or notes. The same year (1999) I completed the workbook, and after it was accepted by the Library of Congress and had a copyright and ISBN number, Professor Kufferath passed away.

Those techniques in the workbook, in the majority, were the way that Professor Okazaki taught Danzan Ryu to Professor Kufferath. Occasionally, an original technique was replaced or augmented with something else, and usually a note indicates that occurred.

From accounts I have read about Professor Okazaki, he was proud of his Japanese culture and wanted to enrich other Americans with Japanese traditions and culture. Professor Okazaki was also proud of the USA, and you will find photos of him standing in front of the American flag.

There are many things Japanese that we recognize today, and Americans are in the habit of assimilating the best from each culture that we can; that's a lot of what makes the USA what it is. With the melting pot of culture that Hawaii is, and at a time when a lot of people had just gotten there, there were attitudes brought from 'the old country'. There was resistance to overcome.

It is pretty well known that Professor Okazaki met resistance teaching Japanese martial art to non-Japanese. It is also well known that the Chinese were like that too with their martial art. I believe that the nationalizing of martial art is not unnatural, as we have learned "to protect ourselves from them" (whoever "them" is). Professor Okazaki's message was, "Come to the party, we're all Americans now!" I don't think he could have picked a better place to win this battle, than on the islands of aloha. That we're here in large diverse groups studying Danzan Ryu Jujitsu means he won.

When I wrote the workbook I also made boards that exactly matched the workbook. I put them on the walls around my small dojo. The Danzan Ryu lists were all there from Yawara through Shinjin No Maki. The judo lists of Go Kyo No Waza -the sixty five throws of Judo- were also there. The basic sword techniques of Kashima Shin Ryu were there, as well as the Kihon of Aikido. In order to instruct students, I had built a learning box. Nobody was there more than I was for the next three years. Maybe it was mostly for me.

I have written all of this, so I could tell you what seeped into my thick skull during the process of writing the clever teachings of Professor Okazaki. He studied and taught many martial arts, then layed them out in lists for us like a smörgåsbord, or Luau, for our Hawaiian friends (we like 'em all). ■

Suro Jason Inay's Journey to the Philippines

By Asc. Professor Hans Ingebretsen

A dream came true for Suro Jason Inay when he journeyed to the Philippines to go to the first Philippine Martial Arts hall of Fame, where not only was he honored, but he saw his father, Mangisusuro Mike Inay honored as well, and the eskrima system his father founded, Inayan Eskrima, recognized in the motherland. At the event, held on April 21 in Manila, Suro Inay was inducted into the Hall of Fame. Other inductees from the U.S. included Mike Inay's instructor, Grand Master Angel Cabales, as well as Grand Masters Leo Giron and Rene Latosa.



Suro Inay (right) with his friend and student, Darwin Caballero at The First Philippine Martial Arts Hall of Fame

Suro Inay was accompanied on his trip by one of his students, Darwin Caballero, and they were able to travel to the provinces where he has family. "It was very special to visit the birthplace of my art and where my family heritage comes

from" said Suro Inay of the trip. Suro Inay also visited the University of Santo Tomas, the oldest western style university in Asia, where he taught a seminar to a multi-style FMA group that trains there.

While he was in the Manila, Suro Inay visited the largest Catholic church there, famous for being visited by the Pope. Suro Inay's aunt passed away while he was on the trip, so he lit a candle for her there and also lit candles for his father and grandmother.



Clinic participants at the University of Santo Tomas

Congratulations, Suro, for being recognized for the work you have done to spread your family system around the world. ■



St. Helena Ku'i Lima Workout

By Jovani Alvarez

May 5th 2012, was a great day to attend the Ku'i Lima workout in St. Helena. Though I had never heard of St. Helena, I came to realize that it was a calm and peaceful town. As soon as we parked, we had to walk through a beautiful park and eventually found the Renkiohen Budokai dojo. Devin and I were greeted by not only the kyu rank students of the school, but all the dan ranks as well. You could feel the energy of every one waiting to get started; I knew this was going to be a good Cinco de Mayo. Professor Hans Ingebretsen showed up in the nick of time, and as soon as he got into



The seal of Renkiohen Budokai, one of Kilohana's newest schools



Jovani Alvarez putting the hurt on Sensei Ben Lujan

his gi we were all ready to line up. We started by doing a variety of Ku'i Lima Kenpo techniques which started with an entry of atemi, moved into nage, and finished with shime. After two hours of stand up,

we moved on to ne waza techniques and exercises. Sensei Ben Lujan also taught some of his variations; he also taught most of the tiring, yet awesome, exercises. After a long day of ne waza and kenpo, Professor Ingebretsen ended the class with some knife drills. After a great day and long goodbyes, Devin and I went out to dinner with Professor Ingebretsen and his childhood friends, the Mortons.



Carey Beltrami enjoying one of Asc. Professor Ingebretsen's techniques



May 5, 2012 Ku'i Lima participants

DVD Series

The Danzan Ryu Arts **as taught by** **Professor William L. Montero, Sr.**

The arts of Danzan Ryu Jujitsu as taught by Professor Montero have now been preserved on video and are being made available for the first time on a series of DVDs.

*NEW historical videos have
just been added to this DVD series.*

DVDs available now include:

- Yawara and Kodengan Atemi Waza
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- ... and more, with additional DVDs on the way.

For additional information or to order these DVDs, visit:
www.pacificjujitsualliance.com

Please Note: Many of these arts are not part of the AJJF kata.

KILOHANA MARTIAL ARTS ASSOCIATION

Presents

THE 2012 DEEP ROOTS/ KUFFERATH MASTERS SEMINAR

SATURDAY & SUNDAY, NOVEMBER 17 & 18

Sat. Nov. 17 Kufferath Masters Seminar

Campbell Community Center One West Campbell Ave., Campbell, CA 95008 9:00 a.m. to 5:00 p.m.

Featuring

**JUDO, DANZAN RYU JU JITSU, KU'I LIMA KENPO, AIKIDO,
SHINKENDO, KASHIMA SHIN RYU KENJITSU, TOYAMA RYU BATTO-
DO, SMALL CIRCLE JU JITSU, KOSHO RYU KENPO, SHAOLIN
KENPO, INAYAN ESKRIMA, KAJUKENBO, DEQUERDAS ESKRIMA,
KOSHIDEN-RYU JU JITSU, V.A.S.K RYU JIU JITSU, SEIFUKUJITSU**

Sun. Nov. 18 Deep Roots Seminar at Villa Ragusa

Villa Ragusa 35 South Second St. Campbell, CA 95008 9:00 a.m. to 1:30 p.m.

Featuring

**Guro Graciella Casillas, Guro Carlito Bonjoc
& Olohe Solomon Kaihewalu**

Sat. Nov. 17 Kilohana Annual Awards Banquet

Villa Ragusa 35 South Second St. Campbell, CA 95008 6:30 p.m. to 10:30 p.m.

Fri. Nov. 16 Instructor Training Class

How to teach a martial art class – procedures, protocol, safety, etiquette, problem solving

Held at the Shinbukan Home Dojo, 1269 El Moro Drive, Campbell, CA 95008 5:30 p.m. to 8:30 p.m.

www.Kilohanausa.org

Nearby Hotels

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675 E. Campbell Ave.

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www.campbell-inn.com

Courtyard by Marriott

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Campbell, CA 95008

(408) 559-1556

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Campbell, CA 95008

(408) 559-3600

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www.larkspurhotels.com

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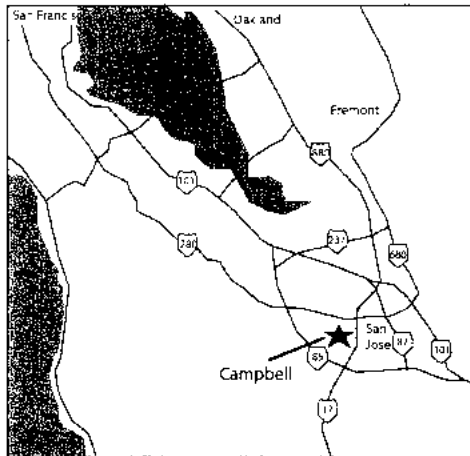
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The Campbell Community Center

1 W. Campbell Ave., Campbell, CA 95008

408-866-2105 & 408-866-2138

www.cityofcampbell.com



Directions:

From San Francisco:

Take 280 South (toward San Jose); take Hwy 17 South (toward Santa Cruz) exit. The first exit will be Hamilton Avenue; go west (right). Turn left at the third traffic signal onto Winchester Boulevard. Turn right at the second traffic signal onto Campbell Avenue. Turn right at the next traffic signal and enter the Community Center parking lot.

From the East Bay:

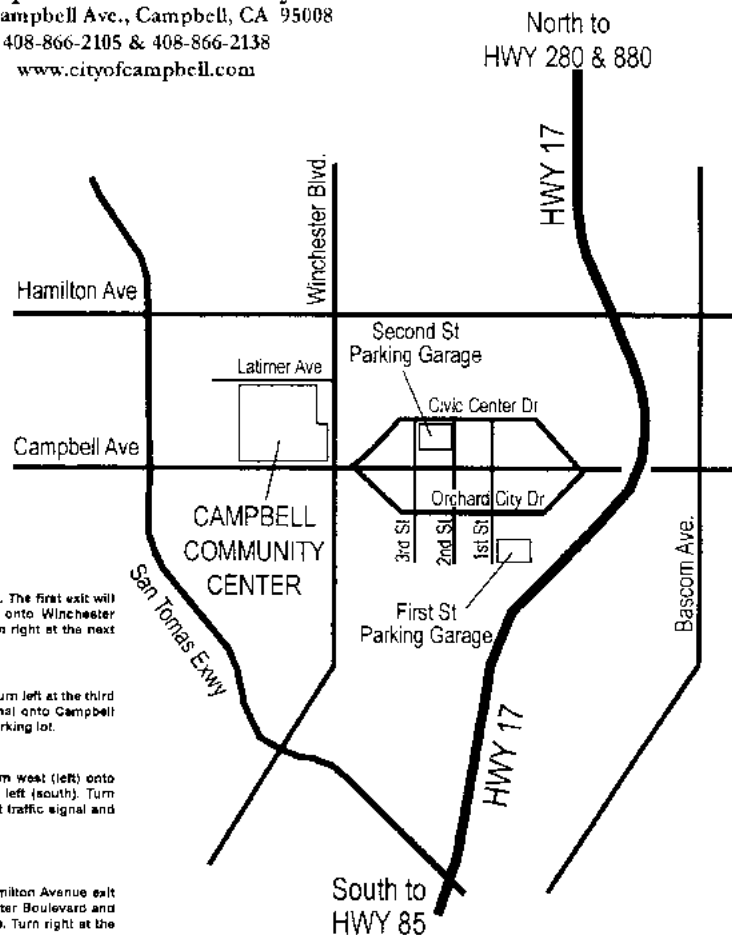
Take 880 South to the Hamilton Avenue. Go west (right) on Hamilton Avenue. Turn left at the third traffic signal onto Winchester Boulevard. Turn right at the second traffic signal onto Campbell Avenue. Turn right at the next traffic signal and enter the Community Center parking lot.

From Santa Cruz:

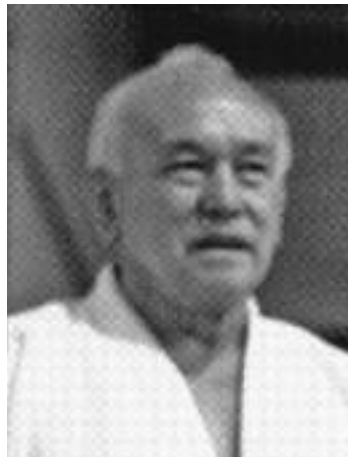
Take Hwy 17 North toward San Jose. Take the Hamilton Avenue exit and turn west (left) onto Hamilton Avenue. Take Hamilton Avenue to Winchester Boulevard and turn left (south). Turn right at the second traffic signal onto Campbell Avenue. Turn right at the next traffic signal and enter the Community Center parking lot.

From South 101:

Take 101 North to Hwy 85 North. Take Hwy 85 to Hwy 17 North. Take the Hamilton Avenue exit and turn west (left) onto Hamilton Avenue. Take Hamilton Avenue to Winchester Boulevard and turn left (south). Turn right at the second traffic signal onto Campbell Avenue. Turn right at the next traffic signal and enter the Community Center parking lot.



2012 DEEP ROOTS/KUFFERATH MASTERS SEMINAR REGISTRATION



TWO DAYS OF TRAINING (Saturday & Sunday)

Adult \$100

Youth (14 years old & under) \$ 70

SATURDAY ONLY (MASTERS SEMINAR)

Adult \$ 60

Youth (14 years old & under) \$ 40

SUNDAY ONLY (DEEP ROOTS)

Adult \$ 50

Youth (14 years old & under) \$ 40

FRIDAY NIGHT INSTRUCTOR TRAINING CLASS \$ 20

SATURDAY NIGHT AWARDS BANQUET \$ 50

For pre-registrations received before 11/13/12, deduct \$10 from total training fee

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1821 S. Bascom Ave. #230

Campbell, CA 95008

For information contact:

Associate Professor Hans Ingebretsen (408) 377-1787 hansingebretsen@yahoo.com

Professor Rowdy Hall (408) 422-3774 Rowdyhall@yahoo.com

www.Kilohanausa.org



KILOHANA MARTIAL ARTS ASSOCIATION

Martial Art Seminar & Clinic Warning Waiver and Release of Liability and Agreement to Participate

INSTRUCTIONS

This agreement and release must be signed by all participants, and their parent(s) or guardian(s) if the participant is a minor (under 18), who wish to participate in this seminar.

PLEASE READ CAREFULLY BEFORE SIGNING

In consideration of being allowed to participate in any way in the seminar, I hereby:

1. Agree that prior to participating, I will inspect the mat, equipment, facilities, and any competition pools or pairing to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach or supervisor of such condition(s) and refuse to participate:
2. Acknowledge and fully understand the Martial Arts are a physical contact sport and that I will be engaging in activities that might result in serious injury, including permanent disability and death and severe social and economic loss due to my own actions, negligence of others, or conditions of the premises or any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
3. Assume all risks involved in the sports of Martial Arts and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Enter Martial Arts practice, entirely on my own free will and understand the importance of following all directions given me by instructors and other officials.
5. Certify that I am in good physical condition and have no disease, injury, or other condition that would impair my performance or physical and mental well being in intense physical practice, training or competition.
6. Grant permission in case of injury to have a doctor, nurse, athletic trainer or other medical emergency personnel provide me with medical assistance or treatment for such injury.
7. Release, waive, discharge and covenant not to sue the Kilohana Martial Arts Association, Zanshin Enterprises, Campbell Community Center, individual instructors or promoters, other participating organizations, their affiliated clubs and schools, their respective administrations, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parent(s), guardian(s), supervisors, coaches, sponsoring agents, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the class or event, all which are hereinafter referred to as releases, from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death or damages to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.
8. I/We the parent(s) or legal guardian(s) of this minor participant have instructed or will instruct the minor participating to the above warning and conditions and their ramifications and I/We additionally confirm and agree to all of the above statements, conditions, waivers, and releases, and consent to this minor's participation.

**I/WE HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I/WE GIVE UP
SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY.**

(Print Name of Participant)

(Signature)

(Date)

(Print Name of Parent/Guardian)

(Signature)

(Date)

(Print Name of Parent/Guardian)

(Signature)

(Date)